

Lunch

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mild Beef Chilli Con Carne	Herbed Roasted Chicken	Spaghetti Bolognaise	Honey Roast Ham, Parsley Sauce and Grilled Pineapple	Fish Fingers
Vegetarian	Roasted Root Veg Pitta with Fattoush	Stir Fried Vegetable Rice Noodles	Three Cheese Ravioli with Nut Free Pesto	Spinach and Vegetable Wellington	Deep Fried Courgettes in Corn Batter
Sides	Cheesy Nachos and Vegetable Rice	Roasted Vegetables and Cous Cous	Garlic Foccacia, Sauté Courgettes and Peppers	Roast Potatoes, Glazed Carrots and Savoy Cabbage	Chips, Peas and Beans
Hot Pudding	Apple Crumble with Custard	Lemon and Poppy Seed Muffins	Sticky Toffee Pudding with Toffee Sauce	Orange Rice Pudding and Fruit Compote	Bread and Butter Pudding

Lunch

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cumberland Pork Sausages with Onion Gravy	Glazed BBQ Chicken	Cottage Pie	Roast Turkey with Sage and Onion Stuffing	Fish Cakes
Vegetarian	Vegan Meatless Sausages with Onion Gravy	Sweet Potato Katsu Chicken Curry	Thatched Root Vegetable Pie	Butternut Squash and Sweet Potato Tagine with Cous Cous	Cheese and Onion Twists
Sides	Mashed Potatoes, Glazed Carrots and Sauté Broccoli	Sticky Rice, Crispy Cabbage and Stir Fried Vegetables	Glazed New Potatoes, Mixed Greens and Gravy	Roast Potatoes, Carrots and Peas	Chips, Peas and Beans
Hot Pudding	Fruit Crumble and Custard	Sultana Sponge	Pineapple Upside Down Cake with Custard	Chocolate Puddle Pudding	St Clements Pudding

Lunch

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Main	BBQ Chicken	Chicken Tikka Masala	Favourites Lasagne	Roast Loin of Pork	Fish Fingers
Vegetarian	Smoky Bean Burger	Thai Green Curry	Mac and Cheese	T Bone Glazed Cauliflower Steaks	Tempura of Vegetables with Sweet Chilli Sauce
Sides	Vegetable Rice, Corn on the Cob	Rice and Peas	Garlic Bread, Roast Potato Wedges and Corn	Roast Potatoes, Roast Carrots, French Beans and Gravy	Chips, Peas and Beans
Hot Pudding	Apple Crumble with Custard	Coconut and Berry Jam Glazed Sponge	Vanilla Rice Pudding with Fruit Toppers	Sticky Toffee Pudding with Toffee Sauce	Baked Bread and Butter Pudding with Fresh Cream