

BREAKFAST MENU

Michaelmas Term

Monday

Pork Sausages
Halal Sausages
Vegan Sausages
Gluten Free Sausages

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms

Boiled Eggs

English Muffins
Croissants

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Tuesday

Bacon
Turkey Bacon
Vegan Bacon

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms
Hash Browns

Bagels
Pan Au Chocolate

Berry Smoothie
Cheese Croissants

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Wednesday

Pork Sausages
Halal Sausages
Vegan Sausages
Gluten Free Sausages

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms

Fried Eggs

Toasted Tea Cakes
Croissants

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Thursday

Bacon
Turkey Bacon
Vegan Bacon

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms

Cheese on Toast
Chocolate Twists

Mango Smoothie

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Friday

Pork Sausages
Halal Sausages
Vegan Sausages
Gluten Free Sausages

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms

Tortilla

Croissants

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Saturday

Bacon
Turkey Bacon
Vegan Bacon

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms

Pancakes, Golden Syrup,
Maple Syrup, Berry
Compote

Cherry Smoothie

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

*Daily Continental Meat & Cheese Platters, Whole Fruits, Yoghurts with Wholegrain Granola, Muesli with Dried Fruits/Seeds,
Selection of Cereals with Milk and Milk Alternatives available daily.*

All our meals are freshly made

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Boiled Eggs

English Muffins
Croissants

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Tuesday

Bacon
Turkey Bacon
Vegan Bacon

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms
Hash Browns

Bagels
Pan Au Chocolate

Berry Smoothie
Cheese Croissants

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Wednesday

Pork Sausages
Halal Sausages
Vegan Sausages
Gluten Free Sausages

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms

Fried Eggs

Toasted Tea Cakes
Croissants

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Thursday

Bacon
Turkey Bacon
Vegan Bacon

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms

Cheese on Toast
Chocolate Twists

Mango Smoothie

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Friday

Pork Sausages
Halal Sausages
Vegan Sausages
Gluten Free Sausages

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms

Tortilla

Croissants

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Saturday

Bacon
Turkey Bacon
Vegan Bacon

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms

Pancakes, Golden Syrup,
Maple Syrup, Berry
Compote

Cherry Smoothie

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Daily Continental Meat & Cheese Platters, Whole Fruits, Yoghurts with Wholegrain Granola, Muesli with Dried Fruits/Seeds,
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Sauteed Mushrooms

Boiled Eggs

English Muffins
Croissants

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Tuesday

Bacon
Turkey Bacon
Vegan Bacon

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms
Hash Browns

Bagels
Pan Au Chocolate

Berry Smoothie
Cheese Croissants

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Wednesday

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Halal Sausages
Vegan Sausages
Gluten Free Sausages

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms

Fried Eggs

Toasted Tea Cakes
Croissants

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
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Thursday

Bacon
Turkey Bacon
Vegan Bacon

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms

Cheese on Toast
Chocolate Twists

Mango Smoothie

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
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Friday

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Halal Sausages
Vegan Sausages
Gluten Free Sausages

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms

Tortilla

Croissants

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Saturday

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Turkey Bacon
Vegan Bacon

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms

Pancakes, Golden Syrup,
Maple Syrup, Berry
Compote

Cherry Smoothie

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Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

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