

BREAKFAST MENU

Michaelmas Term

Monday

Pork Sausages
Halal Sausages
Vegan Sausages
Gluten Free Sausages

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms

Fried Eggs

English Muffins
Croissants

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies/
Coco Pops
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Tuesday

Bacon

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms

Hash Browns

Poached Eggs

Pan Au Chocolate

Berry Smoothie

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Coco Pops/
Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Wednesday

Pork Sausages
Halal Sausages
Vegan Sausages
Gluten Free Sausages

Bakes Beans
Plum Tomatoes
Sauteed Mushrooms

Fried Eggs

Toasted Tea Cakes
Croissants

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Coco Pops/
Rice Crispies,
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Thursday

Bacon

Bakes Beans
Sauteed Mushrooms

Boiled Eggs

Cheese on Toast
Chocolate Twists

Mango Smoothie

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies/
Coco Pops
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Friday

Pork Sausages
Halal Sausages
Vegan Sausages
Gluten Free Sausages

Bakes Beans
Grilled Tomatoes
Sauteed Mushrooms

Hash Browns
Scrambled Egg

Croissants

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice Crispies/
Coco Pops
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Saturday

Bacon
Turkey Bacon
Vegan Bacon

Bakes Beans
Plum Tomatoes
Sauteed Mushrooms

Poached Eggs

Pancakes, Golden Syrup,
Maple Syrup, Berry
Compote

Cherry Smoothie

Toast
Gluten Free Toast
Butter, Sunflower Spread
Jams, Marmalades

Porridge, Yoghurt, Syrup
and Toppers

Weetabix, Bran Flakes,
Corn Flakes, Rice
Crispies/coco pops
Gluten Free Granola, Milk,
Oat Milk, Soya Milk

Daily Continental Meat & Cheese Platters, Whole & soft Fruits, Yoghurts with Wholegrain Granola, Muesli with Dried Fruits/Seeds, Selection of Cereals with Milk and Milk Alternatives available daily.

All our meals are freshly made