



# Michaelmas Term Week 1



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>SOUP</b>						<b>BRUNCH</b>
Soup Of The Day Sweet Pepper Soup	Soup Of The Day Carrot & Coriander Soup	Soup Of The Day Country Vegetable Soup	Soup Of The Day Pea And Spinach Soup	Soup Of The Day Tomato Soup	N/A	<u>Trent College Big Breakfast</u> Sausage, Bacon, Hash Brown Mushroom, Tomato, Beans & Black Pudding Choice Of Egg
<b>LUNCH</b>						<b>BRUNCH</b>
Traditional Bolognaise <b>Vegetable Bolognaise (V)</b> Garlic Bread Penne Pasta  Tuscan Roast Chicken Broccoli- Green Beans  Orange Drizzle Cake	Hoi Sin Pork Steak Sweet & Sour Chicken <b>Sweet &amp; Sour Quom With Pineapple</b>  Rice & Prawn Crackers Ginger Pak Choi & Stir Fry Vegetables  Jam & Coconut Sponge With Custard	Garlic Chicken Schnitzel Beef Stroganoff <b>Vegan Schnitzel (V)</b> Mash Potato Green Beans Honey Roasted Carrots  Apple Strudel With Custard	Seasonal Roast Pork Roast Chicken <b>Meatless Sausage Casserole (V)</b> Rosemary Roast Potatoes Carrots & Cabbage  Rice Pudding With A Berry Compote	Battered Fish Fillet Jumbo Fish Finger Pork Sausage <b>Quorn Dipper (V)</b> Skinny Fries, Garden Peas, Curry Sauce Tartare Sauce  Cornflake Tart With Custard	Spanish Chicken <b>Spanish Tortilla (V)</b> Potato Bravas  Green Beans / Peas Mixed Salad  Cookies	N/A
<b>JACKET POTATO &amp; PASTA BAR</b>						<b>BRUNCH</b>
Jacket Potato Cheese Or Beans <u>Pasta Bar</u> Hot Special Carbonara Sauce	Jacket Potato Cheese Or Beans <u>Pasta Bar</u> Hot Special – Tomato Sauce	Jacket Potato Cheese Or Beans <u>Pasta Bar</u> Hot Special Ratatouille	Jacket Potato Cheese Or Beans <u>Pasta Bar</u> Hot Special - Beef Bolognaise	Jacket Potato Cheese Or Beans <u>Pasta Bar</u> Hot Special – Pesto Sauce	Jacket Potato Cheese Or Beans <u>Pasta Bar</u> Hot Special -Pomodoro Sauce	N/A
<b>SUPPER</b>						<b>SUPPER</b>
Pulled Beef Chilli Chef's Special <b>Vegan Chilli (V)</b> <b>Nachos- Sour Cream - Guacamole</b>  Chocolate Doughnuts	<b>Street Food Tuesday</b> Battered Sausage Or Fishcake Chef's Special <b>Fried Haloumi (V)</b> Skinny Fries Mushy Peas Tartare Sauce Curry Sauce Biscuit Brownie	Beef Lasagne Chef's Special <b>Mac 'N' Cheese (V)</b> Focaccia Bread Rustic Potatoes Mixed Salad  Lemon Polenta Traybake	Chicken Gyros With Pitta Bread <b>Halloumi Skewer(v)</b> Seasoned Potatoes Lemon Cous Cous Chunky Squashes - Greek Salad Twisted Doughnuts	<b>Pizza Bar</b> A Selection Of Pizza With Toppings Herby Potatoes Ceaser Salad Sweetcorn  Rocky Road	Beef Pistachio <b>Mushroom &amp; Spinach Gnocchi</b> Garlic & Tomato Focaccia Mixed Green Vegetables  Banoffee Pot	Roast Chicken Yorkshire Pudding Sage & Onion Stuffing <b>Vegan Sausage Casserole (V)</b> Roast Potato Mash Potato Root Vegetables Green Beans Gravy Jamaican Ginger Cake

<b>DAILY SPECIALS</b> Home-baked bread and jacket potatoes with a choice of toppings.	<b>PASTA BAR</b> Wholemeal pasta with a choice of homemade sauce every other day.
<b>SALADS</b> Selection of freshly made, sustainable composite salads and variety of raw vegetables, grains, and proteins.	<b>CHILLED DESSERTS</b> Dessert pots, yoghurts, selection of fresh fruit.



# Michaelmas Term Week 2



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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## SOUP

Soup Of The Day Mushroom Soup	Soup Of The Day Pea Soup	Soup Of The Day Thai Lemon Grass & Coconut Soup	Soup Of The Day Tomato & Basil Soup	Soup Of The Day Courgette & Pea Soup With Pesto	N/A	<b>Trent College Big Breakfast</b> Sausage, Bacon, Hash Brown Mushroom, Tomato, Beans & Black Pudding Choice Of Egg
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## LUNCH

Traditional Beef Lasagne <b>Quorn Roasted Vegetable Lasagne (V)</b> Garlic Bread Buttered New Potatoes Chicken Breast Arrabiatta Sauce Ratatouille - Green Beans Marbled Cake With Custard	Pork Steak With Apple & Mushroom Sauce Shepherd's Pie With Gravy <b>Aubergine &amp; Potato Tumbet</b> Garlic Mash Potato Broccoli Carrots Lemon Syrup Sponge With Custard	Chicken Katsu And Kimchi Mandarin Pork Belly <b>Crispy Tofu In A Boa Bun (V)</b> Sticky Coconut Rice Pak Choi Stir Fry Vegetables Chocolate Sponge	Roast Honey Glazed Ham Chicken & Leek Pie <b>Vegetable &amp; Potato Pie (V)</b> Rosemary Roast Potatoes Carrots & Savoy Cabbage Sticky Toffee Pudding With Toffee Sauce	Battered Fish Fillet Jumbo Fish Finger Hunters Chicken <b>Hunters Quorn Fillet (V)</b> Skinny Fries, Garden Peas, Curry Sauce Tartare Sauce Apple Pudding With Custard	Breaded BBQ Chicken Wrap <b>Quorn Burger (V)</b> Loaded Skins Sweetcorn - Red Onion & Cheese Battered Onion Rings Vanilla Cup Cakes	N/A
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## JACKET POTATO & PASTA BAR

Jacket Potato Cheese Or Beans Pasta Bar Hot Special Pomodoro Sauce	Jacket Potato Cheese Or Beans Pasta Bar Hot Special - Beef Bolognaise	Jacket Potato Cheese Or Beans Pasta Bar Hot Special Mushroom Sauce	Jacket Potato Cheese Or Beans Pasta Bar Hot Special - Lentil Bolognaise	Jacket Potato Cheese Or Beans Pasta Bar Hot Special - Carbonara Sauce	Jacket Potato Cheese Or Beans Pasta Bar Hot Special - Pomodoro Sauce	N/A
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## SUPPER

Sticky BBQ Pork Chef's Special <b>Sweet Potato &amp; Coconut Stew (V)</b> Jerk Gravy Homemade Potato Wedges Carrots Rice & Peas Spiced Banana Slice	Crunchy Cornflake Turkey Steak & Salsa Chef's Special <b>Meatless Meatballs (V)</b> Skinny Fries Sweetcorn Fritter Crudites Chocolate Slice	Lamb Kofta With Tomato Sauce Chef's Special <b>Homemade Sweet Potato Falafel</b> Lebanese Spiced Potatoes Flatbread Tzatziki Cumin Cabbage Houmous Lemon Polenta Traybake	Green Thai Chicken Curry <b>Thai Vegetable &amp; Quorn Curry (V)</b> Sticky jasmine rice Pad Ped Jay vegetable stir fry Carrot & Coriander salad Chocolate Popcorn slice	<b>Pizza Bar</b> A selection of pizza with toppings Homemade Jacket wedges Rocket and parmesan salad Cheesecake pot	<b>Street Food Saturday</b> Mexican Beef Chilli <b>Vegetable Chilli</b> Nachos Cheese sauce Jalapenos sour cream Crispy onions Churros with chocolate Sauce	Roast Chicken Yorkshire pudding sage & onion stuffing <b>Vegan sausage Casserole (V)</b> Roast potato Mash potato Root vegetables Green beans Gravy Jamaican Ginger Cake
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## DAILY SPECIALS

Home-baked bread and jacket potatoes with a choice of toppings.

**PASTA BAR**  
Wholemeal pasta with a choice of homemade sauce every other day.

**SALADS**  
Selection of freshly made, sustainable composite salads and variety of raw vegetables, grains, and proteins.

**CHILLED DESSERTS**  
Dessert pots, yoghurts, selection of fresh fruit.





# Michaelmas Term Week 2



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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**SOUP** **BRUNCH**

Soup of the day Curried Vegetable Soup	Soup of the day Pea & Mint Soup	Soup of the day Leek & Potato Soup	Soup of the day Tomato Soup	Soup of the day Cheese & Potato Soup	N/A	<b>Trent College Big Breakfast</b> Sausage, Bacon, Hash Brown Mushroom, Tomato, Beans & Black Pudding Choice of Egg
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**LUNCH**

Buttered Chicken Beef Keema <b>Vegetable Tikka Masala (V)</b> Basmati Rice Naan Bread onion Bhaji Cauliflower Peas Mango Chutney Ginger Syrup Sponge with Custard	Chicken in a mushroom sauce Cottage Pie with gravy <b>Lentil &amp; swede pie</b> Boiled new potatoes Carrots Savoy Cabbage Apple Crumble with custard	Pork Sausage Beef Casserole <b>Vegan sausage &amp; onions (V)</b> Mash potato Roasted root Peas Marsh mellow crispy cake	Roast Beef & Yorkshire pudding Chicken & Leek Pie <b>Cheese leek &amp; Potato Pie (V)</b> Rosemary Roast Potatoes Carrots & Savoy Cabbage Broccoli Waffles with Chocolate sauce	Battered Fish Fillet Fish Cake Gammon steak with pineapple <b>Breaded Halloumi Croquette(V)</b> Skinny Fries, Garden Peas, Curry sauce Tartare Sauce Bread & butter pudding with custard	<b>Street Food Saturday</b> Burger Bar with toppings <b>Sweet Potato burger (V)</b> Tiger fries BBQ Beans Corn on the cob Coleslaw Chocolate chip muffins	N/A
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**JACKET POTATO & PASTA BAR**

<u>Jacket Potato</u> Cheese or Beans <u>Pasta Bar</u> Hot Special Chorizo & Cannelloni bean	<u>Jacket Potato</u> Cheese or Beans <u>Pasta Bar</u> Hot Special Pork Meatballs	<u>Jacket Potato</u> Cheese or Beans <u>Pasta Bar</u> Hot Special Turkey Lentil Bolognaise	<u>Jacket Potato</u> Cheese or Beans <u>Pasta Bar</u> Hot Special Tuna Pasta	<u>Jacket Potato</u> Cheese or Beans <u>Pasta Bar</u> Hot Special Tomato Sauce	<u>Jacket Potato</u> Cheese or Beans <u>Pasta Bar</u> Hot Special Pomodoro Sauce	N/A
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**SUPPER** **SUPPER**

Vietnamese Pork Chef's Special <b>Aubergine &amp; black bean sauce</b> Egg fried rice stir fry vegetables prawn crackers spring roll Marble Cookies	Beef Kofta Chef's Special <b>Vegetable Moussaka (V)</b> <b>Knobez bread Green bean</b> <b>Tapenade Beetroot Houmous</b> <b>Tzatziki</b> Lemon & Lime Drizzle Cake	Mac 'N' Cheese Chef's Special <b>Plant based Meatballs</b> <b>Garlic Focaccia - Rocket salad</b> <b>Tomato &amp; Mozzarella</b> Chocolate & Vanilla Muffins	Harissa Chicken <b>Moroccan Roast Bean &amp; Squash</b> Moroccan Lemon Roast Potatoes Pitta Bread Roast pepper dip pickled cabbage Orange Cake	<b>New York Deli</b> Pick your own Bagel with a selection of toppings Homemade herb wedges Coleslaw – Sweetcorn - Salad Cheesecake pot	<b>Ramen Noodle Bar</b> Salmon Ramen <b>Teriyaki Tofu Egg noodles</b> Steamed rice Vegetable Gyoza prawn Crackers <b>Vanilla cheesecake with berry</b> compote	Roast Loin of pork Yorkshire pudding sage & onion stuffing <b>Winter vegetable Crumble (V)</b> Roast potato Mash potato Root vegetables Broccoli Gravy Peach Trifle
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**DAILY SPECIALS**  
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**PASTA BAR**  
Wholemeal pasta with a choice of homemade sauce every other day.

**SALADS**  
Selection of freshly made, sustainable composite salads and variety of raw vegetables, grains, and proteins.

**CHILLED DESSERTS**  
Dessert pots, yoghurts, selection of fresh fruit.